

Patrick J. Regan, D.O.

CURRICULUM VITAE 2026

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LICENSE: State of Florida
State of Virginia
State of Mississippi
State of Maine

EDUCATION:

09/80 - 06/84 B.S. Biology
University of Scranton, Scranton, PA
09/84 - 06/88 Doctor of Osteopathic Medicine
Philadelphia College of Osteopathic Medicine, Philadelphia, PA

POST GRADUATE TRAINING:

07/88 - 06/89 Rotating Internship
Allentown Osteopathic Hospital, Allentown, PA
07/89 - 06/95 General Surgery Residency
The Cleveland Clinic Foundation, Cleveland, OH
02/12 ATLS
02/16 ATLS
11/17 REBOA
02/18, 06/23 BLS, ACLS, PALS

BOARDS:

NATIONAL BOARDS:

- | | |
|-----------|---|
| 1986 | Part I |
| 1988 | Part II |
| 1989 | Part III |
| 2002 | Certified by the American Board of Surgery Diplomate of the American Board of Surgery |
| 2012&2023 | Recertification by the American Board of Surgery Diplomate of the American Board of Surgery |

HONORS / AWARDS:

- | | |
|-------------|---|
| 1993 – 1994 | Stewart Fellow Award
The Cleveland Clinic Foundation |
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SOCIETIES / PROFESSIONAL ASSOCIATIONS:

- | | |
|----------------|--|
| 1982 – 1983 | Pre-Med Honor Society, Historian |
| 1993 – 1994 | 1 st Chairman, Steering Committee, Cleveland Clinic Foundation, General Surgery Program |
| 1995 | Tarboro Breast Center Survivor Support Group Founder |
| 1990 – Present | American Medical Association |
| 1996 – 1999 | Co-Investigator Endoscopic Spine Surgery
Columbia HCA/Heritage, Tarboro, NC |
| 1999 | Presidential Round Table of the U. S. Senate |

PRESENTATIONS / PUBLICATIONS:

1999 Member of the Speakers Bureau, Zeneca Pharmaceuticals

HOSPITAL COMMITTEES / OFFICE

LAWNWOOD REGIONAL MEDICAL CENTER:

Chairman, Quality Control Committee 12/2018- present
Chairman, Surgical Audit Committee 2015 – 2016
Member, Surgical Audit Committee, 2012 – 2016
(Peer Review) Member, Quality Control Committee, 2012- 2015

HOMESTEAD HOSPITAL:

Chairman, Medical Staff Quality Committee, 2008 - 2009
(Peer Review) Member, Medical Executive Committee, 2008 - 2009
Member, Patient Safety Committee, 2007
Member, Performance Improvement Steering Committee, 2005- 2011
Physician Champion for PICC Service, 2006 - 2011
Physician Champion for SCIPS Program, 2006 - 2008
Physician Champion for NSQIP, 2010
Physician Champion for DVT Prophylaxis, 2005 - 2011
Doctoral Dissertation Board, Barry University, Miami, FL 2005
Physician Champion for NSQIP, 2010
Physician Champion for DVT Prophylaxis, 2005 – 2011

PALMS WEST HOSPITAL:

Member Peer Review Committee, 1/2002 - 8/2003

PROFESSIONAL WORK HISTORY

- 02/2026 – Present inReach Health
Houlton Regional Hospital
Houlton, ME, 04730
- 12/2025 – Present National Director General Surgery
Synergy Health Partners
San Diego, CA, 92128
- 08/2024 – 01/2026 Acute Care Surgeon/General Surgeon
Bolivar Medical Center
Cleveland, MS, 38732
- 11/2023 – 06/2024 Acute Care Surgeon/General Surgeon
Lakeside Medical Center
Belle Glade, FL 33430
- 11/2012 - 09/2023 Trauma / Acute Care Surgeon, Pediatric Surgery
Lawnwood Trauma Surgeons 2402 Frist Blvd. Suite #204
Fort Pierce, FL 34950
- 01/2013 – 01/2016 Adjunct Professor of Surgery
Lincoln Memorial University,
Knoxville, TN
- 06/2015 – 11/2021 Adjunct Professor of Surgery
Florida State University
- 11/2021- Present Clinical Assistant Professor of Surgery
Florida State University
- 11/2015 – 2018 Various Locum Tenens Assignments
- 05/2011 – 11/2012 Trauma / Acute Care Surgeon, Pediatric Surgery
Lawnwood Regional Medical Center & Heart Institute
1700 South 23rd Street
Fort Pierce, FL 34950

- 08/2005 – 02/2011. Acute Care Surgeon, General Surgery
 GEORGE R. TERSHAKOVEC, M.D., P.A.
 975 Baptist Way, Suite 201
 Homestead, FL 33033
- 03/2005 - 08/2005 Acute Care Surgeon, General Surgery (Locums)
 Homestead Hospital
 Homestead, FL 33033
- 04/2000 - 03/2005 Glades General Hospital
 General Surgeon, Acute Care, Pediatric Surgery
 Belle Glade, FL 33430
- 05/2000 - 04/2003 Glades Regional Women's Medical Center Founder &
 Medical Director Belle
 Glade, FL 33430
- 09/2003 - 02/2005 Palms West Hospital
 General Surgeon, Acute Care Surgery
 Loxahatchee, FL 33470
- 09/2003 - 10/2004 Wellington Regional Medical Center
 General Surgeon, Acute Care Surgery
 Wellington, FL 33470
- 01/2002 - 08/2003 Glades General Hospital
 General Surgeon,
 Chief of Surgery,
 Member MEC
- 02/1999 - 03/2000 Doctor's Clinic
 General Surgeon, Acute Care and Pediatric Surgery
 Vero Beach, FL 33960
- 1997 – 1998 Columbia/Heritage
 General Surgeon & Medical Director of Intensive Care Unit
 Tarboro, NC 27886
- 1997 – 1998 Columbia/Heritage
 Chairman of the Specialty Care Committee
 Tarboro, NC 27886
- 1995 – 1999 Columbia/Heritage
 General Acute Care Surgeon
 Founder & Medical Director Regional Breast Center
 Tarboro, NC 27886

1995 – 1999 Tarboro Clinic
General, Acute Care Surgeon
Tarboro, NC 27886

RESEARCH INTERESTS:

1994 The Auto-Irrigator
Developed at the Cleveland Clinic Foundation

2010 Diagnosis and Treatment of Abdominal Compartment Syndrome
Homestead Hospital

2011 “The Effects of Nursing Care of Critically ill Patients on Intra-
Abdominal Hypertension”.
Presented at the Fifth Congress of the World Society of Abdominal
Compartment Syndrome
Orlando, FL, August 2011 by Dr. Rosemary Lee

