

**Sadie Elisseou, MD**  
**Curriculum Vitae**

**Narrative Report**

Sadie Elisseou, MD is a practicing VA physician, clinical educator Harvard Medical School and Boston University School of Medicine, and subject matter expert in of trauma-informed care (TIC), a strategic, organizational framework for supporting survivors of trauma. Dr. Elisseou's award-winning curriculum on trauma-informed physical examination is now taught at medical schools across the U.S.

**Education**

06-10	BA, MD	Program in Liberal Medical Education (PLME), 8-year combined program	Brown University, Providence, RI
2006	BA	Religious Studies	Brown University
2010	MD	Medicine	The Warren Alpert Medical School of Brown University, Providence, RI

**Postdoctoral Training**

07/10-06/13	Resident	Internal Medicine	Yale Internal Medicine Primary Care Residency, New Haven, CT
07/13-06/14	Chief Resident	Internal Medicine	Yale Internal Medicine Primary Care Residency
10/20-10/21	Inaugural Student	Primary Care	Veterans Affairs Primary Care Leadership Development Program

**Current Licensure and Certification**

2013	Certification, American Board of Internal Medicine (ABIM)
2004-present	Connecticut Medical License

**Faculty Academic Appointments**

07/14-6/18	Assistant Professor Medicine of Clinical Medicine	Brown University
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10/19-present	Clinical Instructor of Medicine Medicine	Harvard Medical School
10/19-present	Adjunct Instructor of Medicine	Medicine Boston University School of Medicine (BUSM)

**Appointments at Hospitals/Affiliated Institutions**

10/14-10/18	Physician	Medicine Primary Care Department	Providence VA Medical Center, Providence, RI
10/18-08/19	Physician	Medicine Primary Care Department	Robley Rex VA Medical Center, Louisville, KY
09/19-present	Physician	Medicine Primary Care Department	Boston VA Healthcare System, Brockton, MA

**Major Administrative Leadership Positions**

**Local**

2015-2017	Assistant Course Leader, Doctoring III & IV, BIOL 3660 & 3670	The Warren Alpert Medical School of Brown University
2017-2018	Course Leader, Doctoring I & II, BIOL 3640 & 3650	The Warren Alpert Medical School of Brown University
2017-2018	Faculty Director, A Trauma-Informed Approach to Patient-Centered Care, Preclinical Elective, BIOL 6687	The Warren Alpert Medical School of Brown University

**Committee Service**

**Local**

2020-present	Harvard Medical School (HMS) Trauma-Informed Care Steering Committee	HMS Member
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**Regional**

2006-2018	Brown Alumni Schools Committee (BASC) 2006-2017	The Warren Alpert Medical School of Brown University Interviewer of baccalaureate candidates
2013-2015	Wellness Committee 2013-2014	Yale School of Medicine Founder
2014-2016	PLME Selection Advisory Board	The Warren Alpert Medical School of Brown

	2014-2016	University, Board member
2014-2016	Educational Leadership Committee 2014-2016	Providence VA Medical Center Member
2019-present	Partners Trauma-Informed Care Initiative	Mass General Brigham Member
2020-present	Boston University School of Medicine (BUSM) Trauma- Informed Care Steering Committee	BUSM Founder

**Professional Societies**

2015-present	American Medical Association (AMA)	Member
2017-present	Directors of Clinical Skills Courses (DOCS), American Association of Medical Colleges (AAMC)	Member
2019-present	Trauma-Informed Health Care Education and Research (TIHCER) Collaborative	Member
2019-present	Veterans' Affairs Trauma-Informed Care Collaborative (VA TICC)	Co-Founder, Chair
2020-present	Veterans' Affairs Trauma-Informed Care Community of Practice	Co-Founder

**Honors and Prizes**

2010	Gold Humanism Honor Society (GHHS)	The Warren Alpert Medical School of Brown University	Humanism
2015	Dean's Excellence in Teaching Award	The Warren Alpert Medical School of Brown University	Teaching
2018	Internal Medicine Teaching Award	The Warren Alpert Medical School of Brown University	Teaching
2019	Editor's Choice Award	MedEdPORTAL	"A Novel, Trauma- Informed Physical Examination Curriculum for First-Year Medical Students"
2024	Ambassador	The Lorna Breen Heroes' Foundation	Advocate

**Report of Peer-Reviewed Publications**

1. **Elisseou S.** Common anorectal disorders. Yale Office-Based Curriculum, eds. Julie R. Rosenbaum, Seonaid F. Hay, and Laura M. Whitman. 8th edition, 4th volume. New Haven, CT: Yale University, 2013. Available from: <http://yobm.yale.edu/>
2. Schrier M, Rougas S, Schrier E, **Elisseou S**, Warriar S. Intimate Partner Violence (IPV) screening & counseling: a comprehensive module for healthcare professionals. MedEdPORTAL [Internet]. 2017 Sept. Available from: <https://www.mededportal.org/publication/10622/>
3. **Elisseou S**, Puranam S, Nandi M. A Novel, Trauma-Informed Physical Exam Curriculum. Medical Education. 2018 May 24;52(5):555-556.
4. Nandi M, Puranam S, Paccione-Dyszlewski M, VanDusen H, **Elisseou S**. Making universal trauma-informed healthcare a reality: A pilot initiative to train future providers. The Brown University Child and Adolescent Behavior Letter (CABL). 2018 Dec; Vol. 34, No. 12. ISN 1058-1073.
5. **Elisseou S**, Puranam S, Nandi M. A Novel, Trauma-Informed Physical Exam Curriculum for First-Year Medical Students. MedEdPORTAL [Internet]. 2019 Jan. Available from: <https://www.mededportal.org/publication/10799/> *Awarded Editor's Choice Award for an exemplary publication, given to a small percentage of accepted submissions.*
6. Gerber MR, **Elisseou S**, Sager ZS, Keith JA. Trauma-Informed Telehealth in the COVID-19 Era and Beyond. Federal Practitioner. 2020 July. Available from: <https://www.mdedge.com/fedprac/article/225184/coronavirus-updates/trauma-informed-telehealth-covid-19-era-and-beyond>
7. **Elisseou S**, Potter J. Trauma-Informed Physical Examination for Trans and Gender Diverse Patients. In: Keuroghlian A, Potter J, Reisner S (eds) Transgender and Gender Diverse Health Care: The Fenway Guide. McGraw Hill (2021).
8. **Elisseou S**, Holt S. Effective Strategies for Planning and Facilitating Morning Report. *J Grad Med Educ* (2022) 14 (3): 260–264.
9. **Elisseou S**, Adams E, Adler M. A Trauma-Informed Approach to Peer Physical Examination. MedEdPORTAL [Internet]. 2022 Sept. Available from: [https://www.mededportal.org/doi/10.15766/mep\\_2374-8265.11273](https://www.mededportal.org/doi/10.15766/mep_2374-8265.11273)
10. Ashworth H, Lewis-O'Connor A, Grossman S, Brown T, **Elisseou S**, Stoklosa H. Trauma-informed care (TIC) best practices for improving patient care in the emergency department. *Int J Emerg Med*. 2023 May 19;16(1):38. doi: 10.1186/s12245-023-00509-w. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10197231/>
11. **Elisseou, S.** Trauma-Informed Care as a Missing Link in Addressing Burnout. *J Healthc Leadersh*. 2023 Aug 21;15:169-173. doi: 10.2147/JHL.S389271. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10455772/>
12. Mosier-Mills A, Vagwala M, Potter J, **Elisseou S**. Respecting Body-Size Diversity in Patients: A Trauma-Informed Approach for Clinicians. *Perm J*. 2023 Nov 20:1-6. doi: 10.7812/TPP/23.104. Available from: [https://www.thepermanentejournal.org/doi/10.7812/TPP/23.104?url\\_ver=Z39.88-2003&rfr\\_id=ori:rid:crossref.org&rfr\\_dat=cr\\_pub%20%200pubmed](https://www.thepermanentejournal.org/doi/10.7812/TPP/23.104?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%20%200pubmed)
13. **Elisseou S**, Shamaskin-Garroway A, Kopstick AJ, Potter J, Weil A, Gundacker C, Moreland-Capua A. Leading Organizations From Burnout to Trauma-Informed Resilience: A Vital Paradigm Shift. *Perm J*. 2024 Feb 9:1-8. doi: 10.7812/TPP/23.110. Available from: <https://www.thepermanentejournal.org/doi/10.7812/TPP/23.110>
14. Brown T, Fialkowski A, **Elisseou S**, Grossman S, Sager Z, Potter J, Trinh NH. Trauma-informed precepting: A novel curriculum for faculty development. *Med Teach*. 2024 Jul 27:1-6. Available from: [https://www.tandfonline.com/doi/10.1080/0142159X.2024.2382858?url\\_ver=Z39.88-2003&rfr\\_id=ori:rid:crossref.org&rfr\\_dat=cr\\_pub%20%200pubmed](https://www.tandfonline.com/doi/10.1080/0142159X.2024.2382858?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%20%200pubmed)

**Report of local, regional, national, and international teaching omitted for brevity.**