

Sina Rajamand D.O., FACOS, FCNS
NEUROLOGICAL SURGEON

Mailing Addresses

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Background

General Neurosurgeon particularly skilled in minimally invasive and complex spine surgery, including percutaneous lumbar fusions and minimally invasive brain and spine surgeries. Passionate about innovative approaches addressing the healthcare crisis and the business of medicine.

Started Carson Tahoe Medical Center's Neurosurgery service line/program in August 2021, developing procedures and protocols, educating providers and staff on neurocritical care, and overseeing capital expenditures.

Founder and CEO of Battle Born Brain and Spine (2021), pioneering neurosurgical care in Northern Nevada and Northern California. Established a first-of-its-kind partnership with Carson Tahoe Health.

Founder and managing member of A3 Rajamand PLLC and A3R LLC, launching Northern Nevada's first AFC Urgent Care, serve as Medical Director overseeing operations and clinical quality.

Neurosurgeon at Saint Mary's Regional Medical Center, Reno, NV, establishing an innovative Physician Services Agreement (PSA) focused on mutual benefit.

Founder of Golden State Neurosurgery, PC, a neurosurgical practice in California focused on delivering advanced and minimally invasive brain and spine care.

Professional Experience

2025 – Present: Founder, President, Golden State Neurosurgery, PC, California
2021 – Present: Founder, CEO - Battle Born Brain and Spine, PLLC, Carson City, NV
2022 – Present: Associate Professor, University of Nevada School of Medicine, Reno, NV
2023 – Present; Managing Member, A3 Rajamand PLLC, and A3R LLC - American Family Care Urgent Care – Sparks, NV
2024 – Present: Neurosurgeon, Saint Mary's Regional Medical Center, Reno, NV
2023 – Present: Medical Director, AFC Urgent Care, Sparks, NV
2024 – Present; Quality Committee Carson Tahoe Health, Carson City, NV
2023 – Present; Peer Review Committee Carson Tahoe Health, Carson City NV
2021 – 2024: Medical Director, Neurosurgery, Carson Tahoe Health, Carson City, NV
2019 – 2020: Neurosurgeon, Advanced Neurosurgery, Reno, NV
2013 – 2019: Neurosurgery Resident, Michigan State University, Southfield, MI
2009 – 2013: Medical Student, Midwestern University – AZCOM, Glendale, AZ
2003 – 2009: Respiratory Therapist, Cedars-Sinai Medical Center, Beverly Hills, CA

Education

7/2018 – 6/2019: Chief Resident, Neurosurgery, Michigan State University – College of Human Medicine/Providence Park Hospital, Southfield, MI
7/2017 – 3/2018: Chief Resident, Neurosurgery, Beaumont Hospital, Royal Oak, MI
7/2013 – 6/2018: Neurosurgery Resident, Michigan State University – College of Human Medicine/Providence Park Hospital, Southfield, MI
9/2009 – 5/2013: D.O., Midwestern University – Arizona College of Osteopathic Medicine, Glendale, AZ
9/2006 – 5/2008: Certificate in Premedical Studies, Columbia University, New York, NY
9/2003 – 3/2006: B.A. in Study of Religion, Cum Laude, University of California, Los Angeles, CA

9/2000 – 6/2003: A.S. in Respiratory Therapy with Honors, Los Angeles Valley College, North Hollywood, CA

Board Certification

American Osteopathic Association (AOA) / American Osteopathic Board of Surgeons (AOBS) – Certified Neurological Surgeon (2019) Certificate No. 3575

Honors and Awards

2024: Top Doc – Neurosurgery
2023: Top Doc – Neurosurgery
2022: Top Doc – Neurosurgery
2019: Second Place award recipient for poster abstract
2018: Second Place award recipient for poster abstract
2006: Cum Laude graduate, University of California, Los Angeles
2006: Golden Key National Honor Society

Publications

Book Chapter:

- Rajamand, S., & Fahim, D. (2019). Vertebroplasty and Kyphoplasty. In M.J. Perez-Cruet, R.G. Fessler, & M.Y. Wang (Eds.), *An Anatomic Approach to Minimally Invasive Spine Surgery* (2nd ed.). Thieme.

Journal Publications:

- Tabaac, B.J., Thottempudi, N., Rajamand, S., Raghuram, K., Rangaswamy, R., & Baker, D. (2024). Andexanet for Factor Xa Inhibitor-Associated Acute Intracerebral Hemorrhage. *American Journal of Therapeutics*, 31(6): e683-e685. DOI: 10.1097/MJT.0000000000001841
- Rajamand S, Kakos D, Tong D, et al. (2019). Aesthetic Comparison between Subcuticular Suture and Staple Closure of Anterior Cervical Decompression and Fusion Incision Scars: A Prospective Controlled Single-blinded Trial. *Cureus*, 11(2): e3996. doi:10.7759/cureus.3996
- Dawley T, Chad CF, Tong D, Rajamand S, Sigler D, Bahoura M, Garmo L, et al. (2020). Efficacy and Safety of Cilostazol-Nimodipine Combined Therapy on Delayed Cerebral Ischemia after Aneurysmal Subarachnoid Hemorrhage: A Prospective, Randomized Double-Blinded, Placebo-Controlled Trial. *BMJ Open*.
- To, C.Y., Rajamand, S., et al. (2015). Outcome of Mechanical Thrombectomy in the Very Elderly for the Treatment of Acute Ischemic Stroke: The Real-World Experience. *Acta Radiologica Open*, 4(9): 2058460115599423

Conference Presentations

- 2019: Institutional Rate of Symptomatic Cerebral Vasospasm (sVS) and Delayed Cerebral Ischemia (DCI) Post-Acute Aneurysmal Subarachnoid Hemorrhage (aSAH): Feasibility Study of 112 Consecutive Patients, Providence-Providence Park, Southfield, MI

- 2018: Institutional Rate of Delayed Cerebral Ischemia (DCI) and Symptomatic Cerebral Vasospasm (sVS) Post-Acute Aneurysmal Subarachnoid Hemorrhage: Feasibility Study of 112 Consecutive Patients, Houston, TX
- 2018: Fusion and Quality of Life Outcomes in Two consecutive level Non-segmental Minimally Invasive Transforaminal Lumbar Interbody Fusion (MiTLIF): A feasibility study. Southfield, MI
- 2017: AANS Meeting, Aesthetic Comparison of Anterior Cervical Spine Incision Scars, Las Vegas, NV

Presentations and Invited Lectures

- 2023: Speaker for SI Bone, SI Joint Dysfunction, Carson City, NV
- 2022: Speaker for SI Bone, SI Joint Dysfunction, Carson City, NV
- 2018: AANS/CNS Spine Summit: Section on Disorders of the Spine and Peripheral Nerves, Fusion and Quality of Life Outcomes in Two consecutive levels Non-segmental Minimally Invasive Transforaminal Lumbar Interbody Fusion (MiTLIF): A feasibility study, Orlando, FL
- 2018: AANS/CNS Spine Summit: Section on Disorders of the Spine and Peripheral Nerves, Compliance Rates for Cervical Collar Use Following Cervical Spinal Fusion: A Prospective Patient Survey and Feasibility study, Orlando, FL
- 2018: AANS/CNS Spine Summit: Section on Disorders of the Spine and Peripheral Nerves, Interobserver Agreement in the Interpretation of Correct Application of Cervical Orthosis after Cervical Fusion, Orlando, FL
- 2018: AANS/CNS Spine Summit: Section on Disorders of the Spine and Peripheral Nerves, The Effects of Spine Class on Length of Stay After Minimally Invasive Lumbar Fusion: Prospective Longitudinal Cohort Study, Orlando, FL
- 2017: AANS/CNS Spine Summit: Section on Disorders of the Spine and Peripheral Nerves, Aesthetic Comparison Between Subcuticular Suture and Staple Closure of Anterior Cervical Spine (ACS) Incision Scars: A Prospective Controlled Single-blinded Clinical Trial, Las Vegas, NV

Professional Training

In Progress: Certified Physician Executive (CPE) Certification, through the American Association of Physician Leaders (AAPL)

Courses Completed:

Fundamentals of Physician Leadership: Communication

Fundamentals of Physician Leadership: Finance

Fundamentals of Physician Leadership: Influence

Fundamentals of Physician Leadership: Quality

Fundamentals of Physician Leadership: Negotiation

Managing Physician Performance

Foundations of Financial Accounting

Financial Skills for Executive Decision Making

Essentials of Health Law

Resolving Conflict

Practical Principles of Change Management
The Numbers a CEO Needs to Know
Present Like a Pro
Principles of Financial Decision Making

12/2015: Microsurgery Course, Michigan State University
8/2017: ONE Spine Course, Seattle Science Foundation
9/2017: Innovative Solutions in Brain Tumor and Vascular Neurosurgery, Barrow Neurological Institute, Phoenix, AZ
11/2017: The Pittsburgh Course: Comprehensive Endoscopic Endonasal Surgery of the Skull Base, Pittsburgh, PA
1/2019: Chicago Neurosurgery Review Course: Comprehensive Review of Neurosurgery, Chicago, IL

Professional Affiliations

Fellow, American College of Osteopathic Surgeons (FACOS)
Fellow, College of Neurological Surgeons (FCNS)
Member, American Association of Neurological Surgeons (AANS)
Member, North American Spine Society (NASS)
Member, Medical Group Management Association (MGMA)
Member, American College of Healthcare Executives (ACHE)
Member, American Osteopathic Association (AOA)
Member, American Association of Physician Leaders (AAPL)

Languages

English: Native
Persian: Native speaker, beginner reader

References

References available upon request.