

# JESSICA CHAUDHARY, MD

206-240-5536 · jessicajchaudhary@gmail.com · linkedin.com/in/dr-jessica-c-125b49178/

Results-oriented medical director leading key growth initiatives with a passion for integrated whole health. Known for delivering innovative, impactful, cost-saving solutions and strategies that streamline processes, drive business growth, and improve clinical care outcomes. Committed, analytical, and driven with strong management skills and experience that builds and empowers teams. Relentless work ethic, creative problem solving, effective communication. Successful implementation and execution of novel and cutting-edge clinical programs.

## CORE COMPETENCIES

- Program Design and Innovation
- Case Management
- Process Improvement
- Program Management and Implementation
- Data Analytics
- Policy Interpretation
- Consultation
- Quality Assurance
- Product Development
- Population Health

## PROFESSIONAL EXPERIENCE

### Elevance Health (formerly Anthem Blue Cross Blue Shield)

2018-Present

*Medical Director, National Accounts*

- Provide clinical leadership and direction to utilization and care management teams focusing on topics including cost of care opportunity identification and project development. **Projected savings of \$100m over 5 years**
- Identify high-cost claimants and create targeted and innovative interventions to earn 5:1 return on investment
- Develop educational material and product content related to significant mental health issues
- Numerous presentations to large National Accounts clients such as Bank of America, Verizon, Wells-Fargo, etc.
- Participate in Digital Solutions Steering Committee responsible for creating and developing company digital strategy
- Build and foster relationships between providers and stakeholders within the Elevance network and beyond.
- Coordination of integration activities and comparative analysis of capabilities between Anthem/Beacon Health merger
- Developing curriculum related to the creating of clinical health programs
- Leading teams in ideating and implementing cost of care initiatives and leading integrated clinical rounds related to the initiatives

### *Elevance Health Cost of Care Initiatives:*

#### ***Suicide Prevention Program***

Thought leader in creating, implementing and executing a program based on predictive analytics to offer case management and prevention strategies, including peer supports, for those at high risk of suicide. Ages 10 and up, across commercial and government business. **Targeting nearly 25k members** Clinical outcomes show fifteen percent reduction in suicide attempts and events in a high risk population. Vendor based texting for member engagement.

**Publication: *Journal of Community Medicine and Public Health Volume 7: 378 Oct 2023.*** Submitted for NCQA award. Expanding scope.

#### ***Cardiac Care and Chronic Disease Management Program***

Integrated behavioral health initiative targeting those with co-occurring cardiac and behavioral health concerns including those that present to the Emergency Room with chest pain that is anxiety related. Case management and health coaches offered to improve member lifestyle and progression of chronic disease as well as offering integrating approaches to disease management. **Targeting nearly 10k members**

#### ***Sleep Apnea and Chronic Care Disease Management Program***

Integrated behavioral health case management initiative for ages 60-75 across commercial and government business. Goal to reduce the long term impacts of sleep apnea in those with diagnosis and other chronic medical and behavioral health conditions and subsequent reduce long term health care costs. **Targeting over 15k members**

#### ***Health Stress Program***

Targeting those members, by predictive analytics, at high risk for food insecurity, housing insecurity, and abuse using a Health Stress Score (HSS). Case management and peer based program to offer intervention in these areas of high stress to reduce the impact to health care and cost. **Targeting nearly 22k members**

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## EDUCATION

**DOCTOR OF MEDICINE (MD)**  
University of Washington

June 2007  
Seattle, WA

**BACHELOR OF ARTS - Political Science with Honors**  
Wellesley College

June 2002  
Wellesley, MA

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## CLINICAL TRAINING

**FELLOWSHIP, PSYCHOSOMATIC MEDICINE**  
Harvard Medical School/Brigham and Women's Hospital and Dana Farber Cancer Institute

October 2012 – January 2014  
Boston, MA

**INTERNSHIP AND PSYCHIATRY RESIDENCY**  
Yale University

June 2007 – June 2011  
New Haven, CT

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## POLICY FELLOWSHIP

**HEALTH POLICY FELLOW**  
American Academy for the Advancement of Science

January 2012 – June 2012  
Washington, D.C.

- *Advisor and Fellow*, State Department, International Health Bureau
  - Faculty Appointment: George Washington University School of Medicine, Clinical Instructor
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## LICENSES & CERTIFICATIONS

**Current Medical Licenses:** States of Connecticut, Florida, Massachusetts and Texas  
**Board Certified in Psychiatry by the American Board of Psychiatry and Neurology**  
**Diplomate of the American Board of Psychiatry and Neurology**

2012

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## ACADEMIC APPOINTMENT & LEADERSHIP

Yale University School of Medicine, Clinical Instructor

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## AWARDS

**2024: Strategic Innovator Award, Blues Consortium Health Plans**

**2019: Values in Action Award and Certificate of Recognition for Leadership at Elevance Health**

**Several IMPACT awards recognizing significant contributions to Elevance Health**

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## CURRENT MEMBERSHIPS

- Academy of Psychosomatic Medicine
  - American Psychiatric Association
  - American Medical Association and American Medical Women's Association
  - American College of Healthcare Executives
  - American Association for Physician Leadership
  - Clinical practice in Connecticut
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