

# Julie Armstrong Psy.D. RNCS

Clinical & Forensic Psychology & Nursing

Lic CA 16001 - IA 105064 - AZ 4952 (inactive)

77 Solano Square N# 302

Benicia, CA 94510

310.666.9190 ~ [dreamdoc@mac.com](mailto:dreamdoc@mac.com)

---

## Curricula Vitae

### PROFILE

Licensed Psychologist and Clinical Nurse Specialist (Psychiatric/Mental Health) uses her more than 30 years of experience to provide psychological assessments and expert witness consulting in employment, personal injury, criminal mitigation, disability and psychological & medical malpractice cases. Issues addressed include malingering, complex PTSD, emotional distress, Mental Health Diversion, allegations of harassment and discrimination, wrongful termination, claimed impairment, and standards of care for nursing and psychology. Assessment is available of both children and adults.

### EDUCATION

PsyD Doctor of Psychology, Pepperdine University, Malibu, CA, 1996

Dissertation: Childhood Abuse in Nurses. Trained in crisis debriefing, assessment and treatment of trauma (PTSD, acute and chronic), individual and group psychotherapy. Private consultation and study included the study of infants and children, the normal processes of development and evaluation of trauma and/or illness, psychological assessment of children and adolescents and the study of the unconscious.

MN Master of Nursing/Clinical Nurse Specialist, U.C.L.A. 1990

Specialty: Psychiatric/Mental Health Nursing. Thesis work included a new theoretical model for diagnosis of nursing problems.

BSN Bachelor of Science in Nursing, Consortium of Cal. State Colleges and Universities, 1988

Diploma in Nursing, California Hospital School of Nursing, 1983

*Post-graduate training includes among other coursework: Infant Diagnosis and Psychological Development, Observation of Infants and Children (3 years), Psychological Assessment of Children and Adolescents, Psychoanalytic Theory and Treatment, and Forensic Psychology*

### PROFESSIONAL EXPERIENCE

*Psychologist Mental Health Triage - Kaiser Permanente, Diablo Valley Service area.*

Per Diem Staff Psychologist, 04/2022 - Present. Provide Mental Health Triage services to the membership for member and physician referrals to Psychiatry services.

*Private Practice, Licensed Psychologist, Clinical Nurse Specialist, 1996-Present*

Complex psychological assessment provided, including the analysis of medical and

psychiatric records and data related to a person's competency, behavior or alleged symptom pattern, using analysis of the data, behavioral and psychoanalytic theories and psychological testing when indicated. Services include psychological evaluation of children and adults, addressing issues such as cause and possible apportionment of alleged psychological disability, need for treatment, and determination of malingering behavior. I also offer confidential file review for discussion of the merits of a nursing standard of care and other cases.

Services include Independent/Agreed Medical Examinations, Workers' Compensation, SIBTF, Disability, Return to Work, Criminal Mitigation, and Emotional Distress evaluations for children and adults. Regularly engaged by the California Board of Registered Nursing to perform evaluations, served as an Approved Evaluator for the Federal Aviation Administration and the Arizona Board of Nursing. Expert Witness consultation for Psychology and Psychiatric Nursing standards of care. Provided on-site crisis debriefing services for trauma in the workplace.

Confidential consultation to claims professionals and attorneys to assist in determining the veracity of a claim or the strength of a case involving psychological, behavioral or other mental health issues. Available to critique reports from opposing expert witnesses and advise. Also available to travel for cases nationally and internationally.

1998 - 2010 - Private psychotherapy practice of adults and children, Beverly Hills and Marina Del Rey, CA.

*Psychologist, Campus Psychological Services, Santa Monica College, 1999-2007*

A staff psychologist position, provided short term and crisis resolution treatment to faculty, staff and students on this very large and internationally diverse campus. Also served as liaison consultant to the Santa Monica College Police Department when needed.

*Psychosocial Resource Nurse, Harbor-UCLA Med Center Emergency Room/Trauma Center, 1992-1999*

This liaison position was a psychological support position for the nursing and medical staff in the Trauma Center. Responsibilities included assisting and caring for the family and friends of critical and dying patients who were brought to the Trauma Center.

*Registered Nurse, UCLA Neuropsychiatric Hospital & Institute, 1983-1995*

Staff RN on the inpatient Adult, Geriatric and Child psychiatry units, responsible for participation on an interdisciplinary treatment team. The hospital worked from a primary nursing model, and this required my involvement with the patients from admission through treatment plan development and assessing treatment goals and outcomes.

## **TEACHING EXPERIENCE**

Assistant Clinical Professor of Psychiatry and Biobehavioral Sciences, David Geffen UCLA School of Medicine, 2014-2018; 2020 - 2022.

Clinical Faculty, WorkCompCentral, 2012-2017

Associate Nursing Faculty, University of Phoenix, 1994-2007

Associate Nursing Faculty, California State University, Dominguez Hills, 1989-1996

Independent Continuing Professional Education provider approved by the California Psychological Association (2017-2022) and the California Division of Workers' Compensation (2015 - 2024).

## **SELECTED RESEARCH/PRESENTATIONS/APPEARANCES**

Contributing author, *Psychedelics and Chronic Pain Management*, and Chapter 4 *Set, Setting and Administration*, in *Making Sense of Suffering; Psychedelic Medicine for Pain Management*, Mohan Nair MD, editor, 2023.

"The Mystery of the Psyche - Malingering." California Schools Risk Management, Pasadena, CA, November 9, 2015.

"The Global Assessment of Functioning Scale: Rating Psychological Injury," "Deconstructing a Psychiatric Evaluation," "Post Traumatic Stress Disorder," "Psycho-Social implications of Traumatic Brain Injury," Hanna Brophy Academy, (multiple presentations/times).

*Wicked Attractions*, Investigation Discovery Channel, on-air psychologist for 13 episodes: *Blood Brothers*, *The Golden Years*, *Built for Murder*, *Calm Before the Storm*, *Bad Fortune*, *The Golden Buddha*, *Lesbians and the Little Man*, *The Jaycee Lee Dugard Story*, *Recipe for Disaster*, *Mommy's Little Helper*, *True Romance*, *Dirty Double Cross* and *More than a Babysitter*. M2 Productions, 2009-2013.

*Killer Kids*, Lifetime Channel, on-air psychologist for a several episodes, incl. *The Hail Mary Murders*. Originally aired 2013.

"Psycho-Social implications of Traumatic Brain Injury." 10<sup>th</sup> Annual Neuro-Rehab Conference, Loma Linda University. Sponsored by the Center for Neuro Skills. October 21, 2011.

"Autopsy of a Psych Evaluation." Workers' Compensation Forum, San Bernardino, CA, May 10, 2011.

"Bullying and Harassment." JTZ Claims, April 29, 2011.

"The Global Assessment of Functioning Scale: Rating Psychological Injuries." *Day with the Doctors*, State of California Workers' Compensation Adjudication Board, CA, July 17, 2010.

"Post-Traumatic Stress Disorder." Rifenburg, Wolf & Holtz, October 16, 2009.

"Post-Traumatic Stress Disorder and other Psychiatric Issues in Workers' Compensation." Votok, Votok & Zayon, October 13, 2009.

"An Overview of the Work of Jacques Lacan: A comparison with the psychoanalytic theories of Bernard Bail." Unpublished, 2006.

"The Irony of Darwin: Infant Personality Development." Presented at the American Psychological Association, Division 39 Annual Meeting, Minneapolis, MN, 2003.

"Identification of Suicidal Fantasies in Virtual Reality Simulation Games." Federal Bureau of Investigation, Quantico, VA, September 21-23, 1999 (Paper published by the FBI in *Collected Papers on Suicide and Law Enforcement*, 2000).

"The More Dead: Investigating the Murders in the Mexican Maquila." International Association of Forensic Sciences, August 1999 (Co-Presented with Patrick Callahan, PhD).

"El Depredadores: Murder in Mexico." Presented at the 5th Annual International Investigative Psychology Conference, London, September 1998 (Abstract published in 5th Annual International Investigative Psychology Conference Proceedings).

#### **ADDITIONAL AFFILIATIONS**

- Arizona Psychological Association, *past member good standing*
- Iowa Psychological Association, Member
- California Psychological Association, Member
- American Psychological Association, Member
- Los Angeles County Bar Association, *past associate member in good standing*
- American Psychoanalytic Association, *past member in good standing*
- FBI Citizen's Academy, Class of 2015