

CURRICULUM VITAE

Jonathan Hersch, MD

Board Certified Orthopaedic Surgeon

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Medical Training

August 1999-July 2000

Fellowship in Sports Medicine, Cleveland Clinic,
Cleveland, OH

August 1995-July 1999

Residency in Orthopaedic Surgery, Long Island Jewish Medical
Center, New Hyde Park, NY

August 1994-July 1995

Internship in General Surgery, Long Island Jewish Medical Center
New Hyde Park, NY

Education

August 1990-May 1994

MD, New York University School of Medicine, New York, NY

August 1986-May 1990

BS, Duke University, Durham, NC, Cum Laude Psychology
Honors in Judaic Studies

January- June 1989

Spring Semester Study Abroad, Hebrew University, Jerusalem, Israel

Licensure and Certifications

2018 State of North Carolina, Medical License, Inactive

2018 State of South Dakota, Medical License, Inactive

2012	Recertification American Board of Orthopaedic Surgery
2004	State of Florida, Medical License, Active
2002	Board Certification, American Board of Orthopaedic Surgery
2000	State of Pennsylvania, Medical License, Inactive
1994	State of New York, Medical License, Inactive

Employment History

2023-	Orthopaedic Surgical Associates, Private Practice, Boca and Boynton, FL
2012-2023	Tenet Florida Physician Services, Boca Raton, FL
2004-2012	Orthopaedic Associates USA, Private Practice, Plantation, FL
2000-2004	Albert Einstein Medical Center, Academic Practice, Philadelphia, PA

Academic Appointments

2023-Present	Clinical Affiliate Assistant Professor of Orthopedic Surgery Florida Atlantic University College of Medicine, Boca Raton, FL
2000-2004	Director of Sports Medicine, Staff Orthopaedic Surgeon, Residency Program, Albert Einstein Medical Center, Philadelphia, PA

Committees

2014-2018	Surgical Committee West Boca Medical Center
2015-2017	Tenet Florida Physician Services, Governing Board Member
2017	Florida Orthopaedic Society Delegate to the FMA

Hospital Affiliations

8/2023-Present	Boca Regional Medical Center
8/2023-Present	Bethesda East and West Hospitals
10/2018-Present	Delray Beach Surgical Suites
9/2012-Present	West Boca Medical Center
9/2012-Present	Park Creek Surgical Center
9/2004-6/2015	Coral Springs Medical Center
9/2004-6/2012	Westside Regional Medical Center
9/2004-6/2012	Weston Outpatient Surgical Center
9/2004-6/2012	Memorial Miramar Hospital
9/2004-6/2012	Memorial Hospital West

Sports Medicine Professional Experience

2012-2022	Medical Director, ATP Delray Beach Open, Delray Beach, FL
2012-2022	Head Team Physician, St Andrews School, Boca Raton, FL
2004-2012	Head Team Physician, Dade Christian HS, Miami Lakes, FL
2004-2012	Head Team Physician, St Thomas University, Miami Gardens, FL
2005-2007	Medical Director, BMW/Pro Tennis World ATP Tennis Tournament Sunrise, FL
2005	Medical Coverage, Fed Cup Pro Tennis Tournament, Delray Beach, FL
2000-2004	Head Team Physician, La Salle University, Philadelphia, PA
2000-2004	Orthopaedic Consultant, Calvary Christian HS, Philadelphia, PA
2000-2004	Orthopaedic Consultant, Cheltenham HS, Philadelphia, PA
2001	Medical Director, JCC Maccabi Games, Philadelphia, PA
2000	Assistant Knee Laboratory Instructor, AANA Fall Course, Palm Desert, CA
1999-2000	Assistant Team Physician, Cleveland Browns NFL
1999-2000	Assistant Team Physician, Cleveland Cavaliers NBA
1999-2000	Assistant Team Physician, Cleveland Rockers WNBA
1999-2000	Assistant Team Physician, John Carroll University, University Heights, OH
1999-2000	Assistant Team Physician, Cleveland State University, Cleveland, OH
1999-2000	Football Team Physician, City of Cleveland Public Schools
2000	Medical Coverage, Cleveland CVS Marathon
2000	Medical Coverage, State Farm United States Figure Skating Championships
1999	Medical Coverage, Can-Am International Rugby Tournament
1997-1999	Football Team Physician, New Hyde Park, NY School District
1999	Medical Ringside Coverage, NY State Daily News Golden Gloves Boxing
1998	Orthopaedic Consultant, Hamlet Cup Challenge ATP Tennis Tournament Commack, NY

Awards and Honors

2016	Named Top Doctor, The Boca Raton Observer
2000	Cleveland Clinic Annual Research Day, Best Clinical Fellow Paper “Hemarthrosis model in the canine knee”
1999	American Orthopaedic Association 112th Annual Meeting, Best Poster

	Exhibit
1997	New York Pediatric Orthopaedic Club - Awarded First Prize for Resident Presentation on Elbow Osteotomies
1990	Cum Laude Graduate, Duke University
1986	Duke University Academic Scholarship
1985	Simons Fellowship Research Award, Stony Brook University, NY

Professional Societies

2023-	ISHA-The Hip Preservation Society
2012-	Florida Orthopaedic Society
2012-	Florida Medical Association
2000-	The American Orthopaedic Society for Sports Medicine
2000-	The American Academy of Orthopaedic Surgeons
2000-	Arthroscopy Association of North America

Research Grant

RPC #6397 Cleveland Clinic Foundation: “Experimental Hemarthrosis in the Canine: The Effect of Intra-Articular Bleeding on the Morphology of Articular Cartilage and Gene Expression of Articular Chondrocytes and Pericellular Matrix.” \$10,086.

Presentations

2023	-Shoulder and Elbow Injuries in Pickleball, Valencia Cove, Boynton Bch, Florida
	- Hip Arthroscopy for Work Injuries, 77th Annual Workers’ Compensation Educational Conference and 34th Safety and Health Conference, Orlando, FL
	- Hip Arthroscopy, Barwis Physical Therapy, Deerfield Beach, FL
	- Rotator Cuff Tears, Barwis Physical Therapy, Deerfield Beach, FL
2018	- New Trends in Tendon Pain Treatment, Office Depot Lecture Series, Boca Raton, FL
	- Biologic Advancements in Orthopaedic Surgery, Select Therapy Lecture Series, Boca Raton, FL

- 2017 - Hip Arthroscopy, Genex Case Management Conference, Tamarac, FL
- 2016 - Hip Arthroscopy, Impact Sports Performance Center, Boca Raton, FL
 - Hip Pain and Arthroscopy in Tennis Players, USPTA Southern Regional Conference, Boca Raton, FL
 - Hip Arthroscopy, Invited Speaker, Caribbean Orthopaedic Society, Nassau, Bahamas
 - Treatment of Cartilage Injuries of the Knee, Invited Speaker, Caribbean Orthopaedic Society, Nassau, Bahamas
 - ACL injuries, Invited Speaker, Impact Sports Performance Center, Boca Raton, FL
 - Shoulder and Elbow pain in older athletes, Invited Speaker, Boca West Community Center, Boca Raton, FL
- 2015 - Invited to Medical Panel, Boca Clay Court tennis championships.
- 2014 - Clavicle Fractures, Invited Speaker, Caribbean Orthopaedic Society, Trinidad
 - Treatment of Massive Rotator Cuff Tears, Invited Speaker, Caribbean Orthopaedic Society, Trinidad
 - Tendon Pain, IARP Workers comp conference, Sunrise FL
 - Shoulder Instability, Athletic Trainers Educational Lecture West Boca Medical Center, Boca Raton, FL
- 2013 - Shoulder Pain, Invited Speaker, JCC Boca Raton, FL
 - Arthroscopic Surgery Techniques, Invited Speaker, South Florida Workers Compensation Meeting, West Boca Medical Center, Boca Raton, FL
- 2011 - Shoulder and Elbow Injuries in the Throwing Athlete.FAPA Conference, Miami Beach, FL
 - Injuries in the throwing athlete, The Optimist Club, Miami Lakes, FL
- 2009 - Shoulder Injuries in workers compensation patients,Travelers Insurance, Tampa, FL
- 2007 - Sport Injuries: Prevention and Treatment,The Optimist Club, Miami Lakes, FL
 - Knee Injuries, Invited Lecture, Genex Nurse Case Managers, Sunrise, FL
 - Shoulder Instability, Physical Therapy OAUSA Conference, Plantation, FL
 - Treatment of Tendinopathy in Workers' Compensation Patients. Adjusters, EMI, Stuart, FL

- Knee Injuries, St Thomas Aquinas HS Sports Medicine Lecture, Ft Lauderdale, FL
- Treatment of Tendinopathy in Workers' Compensation Patients, Case managers, Choice Medical, Tampa, FL
- 2006 - Successful return to work strategies for Florida Workers' Compensation Physicians, CHOICE Medical Management Program, Orlando, FL
- Treatment of Tendinopathy in Workers' Compensation Patients, FL RIMS Conference, Naples, FL
- Minimally invasive surgery for the knee, Senior Expo, Plantation, FL
- 2005 - Meniscus Tears, Orthopaedic Associates USA ATC Meeting
- The anterior cruciate ligament, St Thomas Aquinas HS Sports Medicine Lecture, Ft. Lauderdale, FL
- Common shoulder problems in orthopaedics, Corvel Case Managers Shoulder Instability and Labral Tears, Orthopaedic Associates USA Athletic Meeting, Plantation, FL
- 2004 - Living with knee arthritis, Kings Point, Tamarac, FL
- Living with knee arthritis, Hamilton House, Sunrise, FL
- Living with knee arthritis, Jewish Community Center, Davie, FL
- Ergogenic Aids Use in Athletes, Cheltenham HS, Philadelphia, PA
- Management of AC Joint Injuries– Which Cases Require Surgery?, Pennsylvania Orthopaedic Society, Philadelphia, PA
- 2002 - Posterior Cruciate Ligament Injuries, Albert Einstein Medical Center, Department of Orthopaedics, Grand Rounds, Philadelphia, PA
- Common Football Injuries, Cheltenham HS Parents Booster Club, Philadelphia, PA
- Meniscal Injuries, Sports Medicine and Rehabilitation Lecture Series Albert Einstein Medical Center. Philadelphia, PA
- Arthroscopic Identification of the Anterior Talofibular Ligament, Arthroscopy Association of North America, Washington, DC
- Posterior Cruciate Ligament Injuries, Pennsylvania Orthopaedic Society Semi-Annual Meeting. Puerto Rico
- Management of Athletic Injuries, Coaches Seminar, Cheltenham School District, Cheltenham, PA
- Recreational Injuries in the Adolescent Athlete, Cheltenham School District Nurses Conference, Philadelphia, PA

- Overuse Injuries, Cheltenham School District Nurses Conference, Philadelphia, PA
- 2001 - Experimental Hemarthrosis in the Canine Knee: Effect on the Cell Viability and Gag Concentrations of the Meniscus. Steadman Hawkins Sports Medicine Foundation/ClevelandClinic 2001 Fellows Meeting. Vail Colorado.
- Frozen Shoulder: Diagnosis, Prevention and Treatment, Moss Rehab Presents Concepts in Upper Extremity Management for the Case Manager, Philadelphia, PA
- Office Evaluation of Shoulder Pain in the Adult. Update on Common Orthopaedic Concerns for Primary Care Physicians Symposium, Philadelphia, PA
- 2000 - Experimental Hemarthrosis in the Canine: The Effect of Intra-Articular Bleeding on the Morphology of Articular Cartilage and Gene Expression of Articular Chondrocytes, Cleveland Clinic Foundation 10th Annual Research Day
- Complete Avulsion of the Proximal Hamstrings in a Professional Football Player. NFL Physicians Society Meeting, Indianapolis, IN
- 1999 - Arthroscopy for Failed Shoulder Arthroplasty. Arthroscopy Association of North America 18th Annual Meeting, Vancouver, BC

Publications

1. Hersch, J. Get me in the game- Give me cortisone. .Sports and Activities Directory-Cities Of Weston and Pembroke Pines. July 2008
2. Hersch, J, Dines, D .Soft tissue complications after shoulder arthroplasty. In Shoulder Arthroplasty: Complex issues in the primary and revision setting. Thieme, New York, 2008.
3. Fenn, P, Hersch, J. Posterior Instability of the shoulder following thermal capsulorrhaphy for multidirectional instability. Arthroscopy 2006;23e1-226.e4.
4. Hersch, J.C. Tennis Anyone? Sports and Activities Directory-Cities of Weston, Pembroke Pines and Plantation, January 2007
5. Handelsman JE, Weinberg J, Hersch JC. Corrective supracondylar humeral osteotomies using the small AO external fixator. J Pediatr Orthop B.2006 May;15(3):194-7
6. Hersch, J.C. Shoulder injuries in football. Sports and Activities Directory- Cities of

Weston and Pembroke Pines, Oct 2005.

7. Hersch J.C. Anterior Cruciate Ligament Injuries. Sports and Activities Directory-Cities Of Weston and Pembroke Pines. July-Sept 2005

8. Hersch J.C. Tips for Preventing Children's Sports Injuries. Fern Rock/Ogontz/Belfield Community Newsletter .July-September, 2002.

9. Hersch J.C. Helping to Prevent Children's Sports Injuries. Lehigh Valley Parents' Guide: 26-27, April, 2001.

10. Hersch J.C., Dines D.M. Arthroscopy for Failed Shoulder Arthroplasty. Arthroscopy 16(6):606-612, 2000.

11. Hersch J.C., Sgaglione N.A., Arthroscopically Assisted Mini-Open Rotator Cuff Repairs: Functional Outcomes at 2-7 year Follow-Up. American Journal of Sports Medicine 28(3)301-311, 2000.

12. Hersch J.C., Watnik N., Marwin S., Inferior Intra-Articular Dislocation of the Patella: Case Report of an Elderly Patient. The American Journal of Knee Surgery 12 (3): 169-171, 1999.

13. Hersch J.C., Sgaglione N.A., Arthroscopically Assisted Mini-Open Rotator Cuff Repairs: Functional Outcomes at 2-7 year Follow-Up. J. Orthopaedic Transactions 22(2): 348-349, 1998-1999.

14. Hersch J.C., Handelsman J. Corrective Supracondylar Osteotomy for Severe Varus and Valgus Deformities after Fractures of the Elbow Using the AO External Fixator. J. Orthopaedic Transactions 22(2): 401-402, 1998-1999.

15. Dworkin L.D., Tolbert E., Recht P.A., Hersch J.C., Feiner H., Levin R.I., Effects of Amlodipine on Glomerular Filtration, Growth, and Injury in Experimental Hypertension. Hypertension 27 (2): 24-50, 1996.

16. Resnick R.B., Jahss M.H., Choucka J., Kummer F., Hersch J.C., Okereke E., Deltoid Ligament Forces after Tibialis Posterior Tendon Rupture: Effects of Triple Arthrodesis and Calcaneal Displacement Osteotomies. Foot and Ankle International. 16(1): 14-20, 1995.

NEWS/MEDIA

1. [Sideline Podcast Interview-Injury trends in NFL](#), Sept 23, 2022
2. [ESPN West Palm Radio interview: Hip, Knee and Shoulder injuries in pro sports](#) Sept 16, 2022
3. [ACL Injuries ESPN Radio Interview](#), April 6, 2022
4. [Knee Arthroscopy and the NFL ESPN Radio](#), Dec. 7, 2021

5. [Hip Arthroscopy: Medical Moments Podcast, Sept. 15, 2021](#)
6. [GPS Guided Shoulder Replacement Radio Interview,](#)
7. [GPS Guided Shoulder Replacements on This Old Joint Podcast](#)
8. [TV Interview return to sports after pandemic](#)
9. [TV Interview Sports Specialization in Kids](#)
10. [WPLX Fox TV Sports Injuries in Kids](#)
11. [Cycling Injury Prevention - Outspoken Cyclist Podcast](#)
12. [Hip Injuries in Cyclists - Outspoken Cyclist Podcast](#)
13. [Clavicle Injuries - Outspoken Cyclist Podcast](#)
14. [Platelet Rich Plasma - TV Inside South Florida](#)
15. [News Article Beckers Spine - First Orthopedic in Florida to use new shoulder device](#)
16. [New Treatment options in sports medicine](#)
17. [The Palm Radio Interview about Sports Medicine](#)
18. [Freddie Fixit Radio Show](#)
19. [Radio Show Interview Hip, Knee and Shoulders](#)
20. [Cartilage Transplant Interview](#)
21. [Patient Testimonial Shoulder Replacement](#)
22. [Patient Guide to Hip Arthroscopy](#)