

STEVEN A. BERNSTEIN DPM, FACFAS, FASPS

FOOT AND ANKLE SURGEON

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NJ LICENSE: 25MD00307400 • **NY LICENSE:** 004537 • **FL LICENSE:** PO2012 • **NPI:** 1427221712

DATE OF BIRTH: November 8, 1963, Camden, NJ

EDUCATION: Emory University, Atlanta, GA
Bachelor of Science, Biology
05/1985

Temple University, Philadelphia, PA
Doctor of Podiatric Medicine
05/1989

RESIDENCY: Golden Glades Regional Medical Center
Podiatric Surgical Residency
Foot and Ankle Trauma Reconstructive Surgery
1989 - 1991

PRACTICE

Steven A. Bernstein DPM, FACFAS, FASPS
Foot and Ankle Reconstructive Surgery
2009 – Present

Progressive Spine & Orthopaedics
Foot and Ankle Surgeon
2023 - Present

Concentra Urgent Care (Teterboro)
Foot and Ankle Surgeon
New Jersey Workers' Compensation Surgeon
2018-2025

CitiMed (Brooklyn, Bronx, Queens, White Plains Offices)
Chief of Foot and Ankle Services
New York Workers' Compensation and No Fault
New York, NY
2017 –2023

CMSW (Brooklyn, Bronx Offices)
Chief of Foot and Ankle Services
New York, NY
2014 -2016

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FOOT AND ANKLE SURGEON

Aventura Orthopedic and Sports Medicine Center
Foot and Ankle Reconstructive Surgery
Aventura, FL
1992 -2003

Orthopedic Care Center of South Florida
Foot and Ankle Trauma and Reconstructive Surgery
North Miami Beach, FL
1991 –1992

CERTIFICATIONS:

Diplomate of American Board of Foot and Ankle Surgery, 1994 (recert 2034)
Fellow, American College of Foot and Ankle Surgeons (FACFAS) 1994
Fellow, American Society of Podiatric Surgeons (FASPS) 2014

New York Workers' Compensation Surgeon (Present)

New Jersey Workers' Compensation Surgeon (Present)

HOSPITAL / SURGERY CENTER AFFILIATIONS:

Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ
2013 - Present

Jersey City Medical Center - Barnabas Health
Orthopedic Institute
Jersey City, NJ
2015 - Present

Bayonne Medical Center
Bayonne, NJ
2020 – Present

Hoboken University Medical Center
Hoboken, NJ
2025-Present

Christ Medical Center
Jersey City, NJ
2025-Present

Carewell Health Medical Center
East Orange, NJ
2025-Present

Progressive Surgery Center
Englewood Cliffs, NJ
2023-Present

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Jersey City Medical Center Surgery Center (f/k/a Liberty Surgery Center)
Jersey City, NJ
2016 – Present

New Century Surgery Center
Paramus, NJ
2015 – Present

Surgicore Surgery Centers
SaddleBrook, Paterson, Jersey City
2018-present

Aventura Hospital and Medical Center
Aventura, FL
1991 - 2004

Hollywood Medical Center
Hollywood, FL
1991 -2003

Memorial Hospital East and West- Same Day Surgery Center
Hollywood, FL
1991 -2002

Parkway Regional Medical Center
North Miami Beach, FL
1991 -2002

APPOINTMENTS:

Chief of Podiatric Surgery (Foot and Ankle Surgery)
Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ
2014 - Present

Medical Executive Committee
Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ
2014 - Present

Credentials Committee
Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ
2014 - Present

Perioperative Committee
Hudson Regional Hospital
2019 – Present

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Surgical Review Committee
Meadowlands Hospital Medical Center
Secaucus NJ
2015 - 2019

Credentials Committee
Columbia Aventura Hospital and Medical Center
Aventura, FL
1996 -2003

Surgical Review Committee
Columbia Aventura Hospital and Medical Center
Aventura, FL 33180
1995 -2003

Surgical Review Committee
Mount Sinai Medical Center
Miami Beach, FL
1993 -1995

Surgical Review Committee
Parkway Regional Medical Center
North Miami Beach, FL
1993 -1995

Radiology Review Committee
Parkway Regional Medical Center
North Miami Beach, FL
1993 -1995

Co-Director Department of Podiatric Surgery
Doctors Hospital of Hollywood
Hollywood, FL
1993 -1994

Director Department of Podiatric Medical Education
Golden Glades Regional Medical Center
North Miami Beach, FL
1991 -1992

MEDICAL SOCIETIES:

American Board of Foot and Ankle Surgery	1994 - Present
American College of Foot and Ankle Surgeons	1994 - Present
American Society of Podiatric Surgeons	2014 - Present
American Podiatric Medical Association	1989 - Present
New Jersey Podiatric Medical Association	2012 - Present
Florida Podiatric Medical Association	1991 – 2003

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ACADEMIA:

Hoboken University Medical Center
Podiatric Residency Adjunct Surgical Faculty
2022-Present

North Jersey Reconstructive Foot and Ankle Fellowship
Dr. Michael Subik, Director
Adjunct Surgical Faculty
2018 – 2019

Touro University College of Medicine – sponsored residency at MHMC, 2015
Attending Orthopedic Surgery Residency – taught at MHMC, 2015
Attending Internal Medicine Residency – taught at MHMC, 2015

Director of Third Year Training/Fellowship
Northwest Regional Medical Center
Residency Program PSR-36
2000 -2002

Nova/Southeastern Medical School
Orthopedic and Rheumatology Department Part-time Faculty
1995 -1998

Director of Podiatric Surgical Residency
Program - 24 months (PSR 24)
Aventura Hospital Medical Center
Aventura, FL
1999 - 2003

Barry University School of Podiatric Medicine and Surgery
Clinical Faculty
1994 -2002

CONSULTANT

Arthrex Orthopedics
Consultant Foot and Ankle Services
2019 – Present

EBI/ZIMVIE Orthopedics
Consultant Foot and Ankle Services - Bone Healing
2022-Present

Royal Biologics
Consultant Foot and Ankle Services
2019 – Present

Vilex Orthopedics
Consultant Foot and Ankle Services and ankle Fracture System
2020 –2022

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Zimmer-Biomet
Consultant Foot and Ankle Services
2017 – 2020

Amniotechnology LLC.
PalinGen Consultant and Lecturer
Scottsdale, AZ
2014 -2015

Nextremity Solutions: Hammertoe Arthrodesis Implant
Surgical Consultant and Lecturer
2011 -2012

Expert Medical Advisor (EMA)
Division of Workers' Compensation
State of Florida
1996 -2003

Smith Nephew Richards
Consultant and Lecturer Foot/Ankle Services and Bone Healing
Ilizarov External Fixation and Exogen
1993 - 2000

Electrobiology, Inc. (EBI)
Consultant and Lecturer Foot and Ankle Services and Bone Healing
1993 -2000

American Medical Electronics Corp.
Consultant and Lecturer Foot and Ankle Services and Bone Healing
1993 - 1994

AWARDS:

2016 Doctor of the Year Award – Jang Star Taekwondo School

Ten Year Physicians Alumni Award
Temple University School of Podiatric Medicine and Surgery
For outstanding Alumni surgical achievement 06/1999

Earl G. Kaplan Award for Academic and Clinical Excellence in
Foot and Ankle Reconstructive Surgery, given by the
American College of Foot Surgeons 06/1989

RESEARCH, PUBLICATIONS AND RECENT LECTURES:

- Goldfarb Foundation Faculty Lecturer- Clinical Conference (11/2017)
- “Ankle Arthroscopy Do’s and Dont’s”
 - “The Use of Subchondralplasty in the Foot and Ankle”

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Use of FloGraft in Ankle Cartilage Repair via Ankle Arthroscopy
Paths to Perfection E-zine www.podiatry.com (04/2014)

Journal of Foot and Ankle: Manuscript Reviewer (2000 – 2004)

Chapter on Augmentation of Bone Growth
3rd Edition Comprehensive Textbook of Foot and Ankle Surgery
Drs. McGlamry, Banks and Downey, Editors

Late Sequela of Calcaneal Fractures
Clinics of Podiatric Medicine and Surgery
1999 - Dr. Fox, Editor

Principles of Continuous Passive Motion- Basis for Clinical
Investigation in Foot and Ankle Surgery (2004)

Technique Tip: The Use of Large Bone Clamps to Reduce
Lisfranc's Fracture/Dislocations
Journal of Foot and Ankle Surgery (1999)

Lisfranc's Fracture/ Dislocations
A Roundtable Discussion
Journal of Foot and Ankle Surgery (1999)

Genetic Engineering Using the Fundamentals of Cloning
Escherichia coli DNA
Emory University, Atlanta, GA
Dr. Shuster

Investigation of the First Metatarsal Head Shape and Contours
Robert Christman, D. P. M.
Department of Radiology
Pennsylvania College and Podiatric Medicine

Case Report Severe Equino Valgus in Cerebral Palsy
Department of Orthopaedics and Surgery
Pennsylvania College of Podiatric Medicine

First Metatarsophalangeal Joint Dislocations
A New Classification
Golden Glades Regional Medical Center

Squamous Cell Carcinoma
Unusual Case Presentation

Traumatic Osteonecrosis of the Tarsal Navicular,
Quadruple Fusion Technique

Calcaneal Fracture: When to Operate?

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SPECIAL INTERESTS:

- Trauma and Reconstructive Foot and Ankle Surgery
- Independent Medical Examination and 2nd Opinions
- Expert Reviews
- Revision and Salvage Surgery for Failed Foot and Ankle Surgery
- Charcot and Residual Clubfoot Deformities
- Limb Salvage and Preservation
- External and Internal Fixation Techniques
- Foot and Ankle "to make the best of a bad situation" Failed Surgery
- Ankle and Small Joint Arthroscopy
- Pain Management of Ankle, Foot and Heel