

# Thomas Baird McIlraith

MD, SFHM, CLHM

(916) 825-8230

417 Mace Blvd., Suite J #260

Davis, CA 95618

[Thomas@bairdmedicalconsulting.com](mailto:Thomas@bairdmedicalconsulting.com)

## Education

University of Wisconsin, Milwaukee, WI 1985-1987

University of Wisconsin, Madison, WI 1987-1989  
*Bachelors of Science with Honors and Distinction*  
*Major: English*

University of Wisconsin, Madison, WI 1992-1996  
*School of Medicine and Public Health: MD*

The McGaw Medical Center of Northwestern University 1996-1999  
Chicago, IL  
*Internship and Residency*

## Employment

**MERCY MEDICAL GROUP**, Sacramento, CA June 2004 - Present  
*Hospitalist*

- Founding Chairman, Department of Hospital Medicine. 2004-2016
  - *Led a department of 84 physicians, 24/7 coverage of 4 hospitals; average census 500 acutely ill patients*
  - *Authored more than 200 physician evaluations*
- Chairman, Education Div. MMG Academic Affairs 2009-2011
- Covid-19 Vaccine Clinic 2021

**MERCY MEDICAL GROUP BOARD of DIRECTORS,** 2009-2016  
Sacramento, CA

- *Responsible for a 450-plus provider multi-specialty medical group*

Treasurer, MMG Board of Directors 2011-2016

**DIGNITY HEALTH, Sacramento, CA**

- **Medicine Executive Committee, Mercy General Hospital** 2022-Present
- **Chairman of Medicine, Mercy General Hospital** 2022-Present
- **Vice Chairman of Medicine, Mercy General Hospital** 2020-2021
- **Sepsis Oversight Committee, Mercy General Hospital** 2020-Present
- **Medicine Committee, Mercy General Hospital** 2014-Present
  
- **CalPERS/Blue Shield ACO Development Steering Committee** 2009-2015
  - *<https://www.pcpsc.org/initiative/hill-physicians-medical-group-and-bcbs-california-aco>*
  
- **Vice Chairman of Quality, Mercy San Juan MC** 2012-2016
  
- **Quality Committee, Mercy San Juan MC** 2004-2016
  
- **Medicine Committee, Mercy San Juan MC** 2004-2016
  
- **Resource Utilization Committee, Mercy San Juan MC** 2004-2016
  
- **Chairman of The Excellence Team, Mercy San Juan MC** 2014-2016
  
- **Regional Neurosciences Committee, Sacramento Service Area** 2007-2016
  - *Responsible for the development of one of the only two comprehensive stroke centers in Northern California including Stanford university*

- **Joint Operating Committee** 2007-2011
    - *Responsible for the development of the Dignity Health Transfer Center*
  - **Resource Utilization Committee, Mercy General Hospital** 2007-2011
  - **Pharmacy and Therapeutics Committee, Mercy General Hospital** 2006-2009
  - **Hospital Medicine Leader, Rapid Response Team Development, Mercy San Juan MC** 2005
- KAISER PERMANENTE, Sacramento, CA** 1999-2004
- *Hospitalist*
  - **Hospital Medicine Sub-Chief, South Sacramento facility** 2000-2004
  - **Secretary of Executive Committee** 2004
  - **Utilization Management Committee** 2000-2004
  - **Pharmacy and Therapeutics Committee** 2000-2004
  - **Bioethics Committee** 2003-2004
  - **Hospital of the Future Committee** 2004
  - **Assistant In-Patient Physician Leader for Healthconnect** 2004
  - **Chairman, Hospital Medicine Restructuring Committee** 2003
  - **Northern California Chiefs of Hospital Medicine Committee** 2000-2004

## Credentials

Diplomate ABIM: #191058	Internal Medicine	1999
Diplomate ABIM MOC:	Internal Medicine	2009
Diplomate ABIM MOC:	Internal Medicine	2019
California License: A67830	Physician and Surgeon	1999-Present
SHM Leadership Academy	Foundations for Leadership	2007
SHM Leadership Academy	Strengthening your Organization	2010
SHM Leadership Academy	Personal Leadership Excellence	2011
FCCS Certification		2008, 2012, 2016

## Honors

Top Doc Award <i>- Mercy General Hospital</i>	2021
Quality, Leadership & Teamwork Award <i>- Mercy Medical Group</i>	2017
The Society of Hospital Medicine Award of Excellence: Outstanding Service in Hospital Medicine <i>- The Society of Hospital Medicine</i>	2016
Certificate of Leadership in Hospital Medicine, Inaugural Class <i>- The Society of Hospital Medicine</i>	2013
Senior Fellow of Hospital Medicine, Inaugural Class <i>- The Society of Hospital Medicine</i>	2010
Fellow of Hospital Medicine, Inaugural Class <i>- The Society of Hospital Medicine</i>	2009
Catholic Healthcare West Best Practices Award Recipient	2005

## **The Society of Hospital Medicine**

Charter Member and member since	1998
Board of Directors Strategic Planning Meeting	Sept. 21- 22, 2016
Awards Committee	2017-Present
Practice Management Committee:	2016-2021
○ <i>Telemedicine sub-committee; responsible for authoring SHM's white paper "Telemedicine in Hospital Medicine"</i>	
○ <i>Cultural Humility sub-committee; responsible for developing "The 5 R's of Cultural Humility."</i>	
○ <i>Scheduling sub-committee; responsible for developing "Scheduling your HMG for Success."</i>	
Critical Care Task Force	2016-2021
Leadership Committee	2010-2015
○ Voted "Committee of the Year" by the SHM BOD in 2012	
○ <i>Responsible for development of curriculum, faculty, and hosting the three signature Leadership Academies, as well as the Certificate of Leadership in Hospital Medicine</i>	
SHM Multi-Site Hospitalist Leader Work Group; founding member	2014-2016
SHM Focus Group	2013
Characteristics of an Effective Hospital Medicine Group	

## **Sierra Sacramento Valley Medical Society**

Member since	2012
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## Teaching

Attending Physician, Mercy Family Practice Residency, Sacramento CA	2015-Present
Associate Course Director, Fundamentals of Critical Care Support	2011-Present
Faculty, SHM Leadership Academy	2013-Present
Leadership Coach, SHM Leadership Academy	2016-Present
Faculty Advisor and Reviewer, SHM Leadership Certification	2013-Present
Associate Clinical Professor, California North State University College of Medicine	2013-2017
Clinical Instructor, UC Davis	2002-2015

## Advisory Boards

THE DOCTORS COMPANY, Napa Valley, CA	2011-2016
• Hospital Medicine Advisory Board	
GSK, Chicago, IL	September 2019
• Asthma Advisory Board	

## Publications

- McIlraith TB, Ansari, A. 5 Approaches to Change Management in QI and Operational initiatives. *The Hospitalist*, 2023; 27(1): 8-9
- Singh A, Panek T, Tackett S, ParANJI S, Gundareddy, V, Kauffman R, Wright S, Bowling G, Torok H, Patel H, Alhadef I, Nogi M, McIlraith T, Robertson T, Kisuule F. Elements influencing recruitment and retention of millennial hospitalist born in or after 1982: a survey-based study. *J Gen Intern Med*, (2022) <https://doi.org/10.1007/s11606-022-07680-5>

- McIlraith, TB. COVID-19 Vaccine Breakthrough Infection. *The Hospitalist*, 2021; 25(10): 30-1
- McIlraith, TB. The Authority/Accountability Balance: Evaluating Your Career Trajectory. *The Hospitalist*, 2020; 24(10): 8-10
- White AA, McIlraith TB, Chivu AM, Cyrus R, Cockerham C, Vora H, Vulgamore P. Collaboration, not Calculation: A Qualitative Study of How Hospital Executives Value Hospital Medicine Groups. *Journal of Hospital Medicine*, 2019;14(11): 662-667
- Masters C, Robinson D, Faulkner S, Patterson E, McIlraith T, Ansari A. Addressing Biases in Patient Care with The 5Rs of Cultural Humility, a Clinician Coaching Tool. *Journal of General Internal Medicine*, 2019. 1-4
- Sweigar, JR, Aymond D, Burger A, Kelly A, Marzano N, McIlraith TB, Morris P, Williams MV, Siegal EM. Characterizing Hospitalist Practice and Perceptions of Critical Care Delivery. *Journal of Hospital Medicine*; 2018, 13(1); 6-12
- Carpenter S, Asudani D, Frederickson T, Kharbanda A, McIlraith TB, Miller AL, Weirisma D, Vulgamore P. Telemedicine in Hospital Medicine. *Society of Hospital Medicine* Copyright 2017
- McIlraith TB. Cognitive, Emotional Memory Disconnect Impacts Patient Satisfaction. *The Hospitalist*, 2015; 19(9): 22-4
- McIlraith TB, Chacon S. Central Coordination: answer to the admission bottleneck. *Journal of Hospital Medicine*, 2019 4(7)
- McIlraith TB, Noskin GA, Corbridge TC. Mucus impaction presenting as a lung mass in an AIDS patient with asthma. *AIDS* 1999,13(13);1785-87
- McIlraith T, Goetz M, Schwartz D, Arozullah A, Weinstein R, Yarnold P, Nwadiaro N, Chmiel J, Chan C, Sipler A, Bennett C. Corticosteroid utilization and outcomes in HIV associated *Pneumocystis carinii* pneumonia: three-fold higher mortality among severely ill patients when given by guidelines. 6<sup>th</sup> Conference on Retroviruses and Opportunistic Infections (Abstract)
- Arozullah AM, Yarnold PR, Weinstein RA, Nwadiaro N, McIlraith TB, Chmiel JS, Sipler AM, Chan C, Goetz MB, Schwartz D, Bennett CL. A new preadmission staging system for predicting inpatient mortality from HIV-associated *Pneumocystis carinii* pneumonia in the early-HAART era. *American Journal of Respiratory and Critical Care Medicine* 2000,161;1081-6

## **Invited Presentations**

- McIlraith T, Ansari A: Five Approaches to Change Management in Hospital Medicine. SHM National Conference, April 28<sup>th</sup>, 2023. Austin, Texas.
- Ansari A, McIlraith T: Rise Up: Challenging Microaggressions and Implicit Biases in Organizational Culture. SHM National Conference, April 9<sup>th</sup>, 2022. Nashville, Tennessee.
- McIlraith T: COVID: From Gratitude to Grievances. SHM National Conference, April 7<sup>th</sup>, 2022. Nashville, Tennessee.
- McIlraith T: Leadership Tips for Managing your HMG, Your Leaders, and Yourself. SHM National Conference, April 7<sup>th</sup>, 2022. Nashville, Tennessee.
- McIlraith T, Keller C, Sandroni P: Scheduling Your HMG for Success. SHM Converge May 5<sup>th</sup>, 2021.
- White A, McIlraith T, Hale C: Are We Cultivating Wine or Stale Beer? How Programs Are Ensuring That Hospitalists Maintain Competence Over Time. SHM Converge, May 5<sup>th</sup>, 2021.
- McIlraith T, Ansari A: Academic & Community Hospitals Compare the COVID-19 Experience. SHM Practice Management Webinar Series, August 25<sup>th</sup>, 2020.
- White A, McIlraith T, Hale C: Are We Cultivating Wine or Stale Beer? How Programs Are Ensuring That Hospitalists Maintain Competence Over Time. SHM National Conference, April 17<sup>th</sup>, 2020. San Diego, California.\*
- McIlraith T, Keller C, Sandroni P: Scheduling Your HMG for Success. SHM National Conference April 17<sup>th</sup>, 2020. San Diego, California.\*
- The Authority/Accountability Balance: Managing and Monitoring Your Career Success. National SHM Webinar, March 18<sup>th</sup>, 2020.\*

- Keynote Speaker: Hospital Medicine: A vision for the Future based on Lessons Learned in the Past. CHI Franciscan Inpatient Team Summit, September 6<sup>th</sup>, 2019. Seattle Washington.
- 40<sup>th</sup> Annual Einstein Lecture: The Past, Present, and Future of Hospital Medicine. UCLA Kern Medical Center, June 21<sup>st</sup>, 2019. Bakersfield, California.
- C-Suite Perspective on the Value of HMG's. SHM National Conference March 27<sup>th</sup>, 2019. National Harbor, Maryland.
- Zipper R, McIlraith T: Leadership Special Interest Forum. SHM National Conference April 9<sup>th</sup>, 2018. Orlando World Center Marriott; Orlando, Florida.
- McIlraith T, Bell K: Scaling Up Your Hospital Medicine Program. SHM National Conference April 9<sup>th</sup>, 2018. Orlando World Center Marriott; Orlando, Florida
- McIlraith TB, Rismiller S, Siy J: Multi-Site Hospitalist Leader: Communication and Engagement. 2016 SHM Annual Meeting in San Diego
- McIlraith TB, Siy, J: Physician Engagement; SHM Webinar. November 19<sup>th</sup>, 2015
- McIlraith TB, Rismiller S: Multi-Site Hospitalist Leader Panel Presentation. 2015 SHM Annual Meeting in Washington, DC
- Mercy San Juan Medical Center Grand Rounds, Carmichael, CA: "Patient Experience and the Cognitive/Emotional Disconnect." October 30<sup>th</sup>, 2015
- St. Joseph's Medical Center Grand Rounds, Stockton, CA: "Patient Experience and the Cognitive/Emotional Disconnect." August 18<sup>th</sup>, 2015
- Glendale Memorial Hospital Grand Rounds, Burbank CA: "Patient Experience and the Cognitive/Emotional Disconnect." June 29<sup>th</sup>, 2015
- SHM National Conference March 25<sup>th</sup>, 2014, Mandalay Bay Resort and Casino, Las Vegas, NV. Panel Discussion: *What's Your Leadership Style?*

- McIlraith TB, Michaud F: “Making the Connection.” Dignity Health Patient Experience Summit, Scottsdale AZ. October 2014

Updated May 2<sup>nd</sup>, 2023